

ACSM Registered Clinical Exercise Physiologist 040-444 ARCEP Exam - Pass With Guarantee

ACSM Registered Clinical Exercise Physiologist certification exam is an essential source for your successful career. DumpsSchool helps you to give 040-444 exam dumps, ready for the Certified Diabetes Educator (CDE), Director Fitness & Wellness and Medical Exercise Physiologist to enhance their work credentials. DumpsSchool provides exam questions for ACSM Registered Clinical Exercise Physiologist which is helpful for both students and employers.

Question No. 1 The eating habits of an athlete involved in long distance running should differ from those of a sedentary individual of the same body weight in what way?
A. The athlete should reduce fat intake to 10% of total calories.
B. The athlete should increase protein intake to threefold the RDA.
C. The athlete should have a greater intake of grains, fruits, vegetables, and lean sources of protein.
D. There should be no change in calories.
Answer: C

Question No. 2 A comprehensive patient care plan is necessary for effective program management, because it
A. Is required by federal law.
B. Provides a "road map" for interventions.
C. Is a requirement for insurance reimbursement.
D. Provides raw data for analysis in CQI or outcomes assessment.
Answer: B

Question No. 3 How much weight will the woman (from question 22) lose in 26 weeks if she integrates a 1-mile walk, taken three times per week, into her weight loss program?
A. 3 pounds.
B. 6 pounds.
C. 11 pounds.
D. 15 pounds.
Answer: C